










## Year 8 Topic Overview - Volleyball

### Know it!

	Knowledge	Date
	I know the correct technique to volley the ball and can use this to set the ball on the second touch.	
	I know the correct technique for an underarm serve and can attempt this to start a rally.	
	I know the correct technique for a spike and can attempt to use this to attack.	
	I can play a 3 touch rally with a partner using a catch, set, spike.	
	I know and understand what a held ball is and can identify when this takes places in a rally.	
	I can compete in and promote involvement in a 2 v 2 tournament.	
	I can demonstrate resilience when practising and when playing in a game.	
	I know how to set up to attack in a rally and also how to move into a defensive position.	
	I can score correctly in a game, and can record scores in a tournament.	

### Prove it!

<b>Head</b> Feedback	I can give <b>feedback</b> to my peers and am also beginning to self correct my own mistakes	
<b>Heart</b> Resilience	I am hard working, <b>resilient</b> and eagerly accept challenges.	
<b>Hands</b> Tactics	I can demonstrate with some accuracy and success skills, techniques and <b>tactics</b> across a variety of sports in competitive activities.	

### Link it!

I can transfer skills and understanding from volleyball to other net/wall activities.
I can transfer aspects of Feedback, Resilience and Tactical development from one activity to another.
Resilience is a Pilton School Value.
I am aware of further opportunities to be physically involved in volleyball outside of lessons.

### Say it!

Vocabulary	
Volley	I can use the <b>volley</b> to set the ball to my partner
Set	I need to <b>set</b> with accuracy so that my partner can spike the ball
Spike	The <b>spike</b> is a fast, powerful shot with a downward motion
Serve	I use the <b>serve</b> to start the point
Held ball	A <b>held ball</b> is when the ball comes to rest/stops upon contact which results in a foul
Court	I play my matches on a <b>court</b> .
Feedback	I help my partner improve by watching and giving <b>feedback</b> .
Resilient	When I am struggling to learn a new skill I must be <b>resilient</b> and not give up.
Tactics	It is a good <b>tactic</b> to hit the ball into space.