



Dear Parent/Carer,

The PE Department at Pilton is challenging your family to get involved in the exciting **#DevonVirtualGames** Skipping Challenge.

Click <u>here</u> to register for the challenge and if you don't have a skipping rope at home, don't worry. As an added incentive to join the challenge, we promise to get you skipping by delivering **up to two free skipping ropes** directly to your door.

Gold, Silver or Bronze challenges will consist of different elements like Single Bounce, Double Bounce, Run, Slalom skip and Speed Skipping to complete in sequence. Visit #DevonVirtualGames to check out these different elements or follow skipping tutorials with Dan, the skipping man. He makes it skipping simple and super easy to follow. The name of your North Devon SGO is Stephanie Colwill.

The challenge opens on Monday, 1st February when you will receive an email with the full challenge details and how to record your results on our quick-and-easy survey monkey link.

Please join the conversations on the <u>Devon School Games</u> <u>Facebook group</u>.

Yours faithfully,

Neil Richardson Head of Physical Education