










Year 10/11 Topic Overview - Volleyball

Know it!

	Knowledge	Date
	I can demonstrate how to dig the ball, to a partner, in a game.	
	I can demonstrate how to volley the ball, to a partner, in a game.	
	I can demonstrate how to smash/spike the ball in a game.	
	I can demonstrate an underarm/overarm serve in a game.	
	I can demonstrate how to block in a game.	
	I can play 4 v 4/6 v 6 volleyball.	
	I can communicate with my team to play a 4 aside/6 aside rotation system.	
	I know and can apply official volleyball scoring in a game.	
	I know how to play a 6 v 6 W formation.	

Prove it!

Head Responsibility	I can lead others in activities and warm ups to enhance students learning.	
Heart Communication	I can effectively apply methods of communication to different ages, abilities, experiences and situations.	
Hands Technique	I can demonstrate, with consistent accuracy and success, skills, techniques and tactics across a variety of sports in challenging activities.	

Link it!

I can transfer skills and understanding from Volleyball to other net/wall activities.
I can transfer aspects of responsibility, communication and technique development from one activity to another.
Responsibility is a Pilton School Value.
I am aware of further opportunities to be physically involved in Volleyball outside of lessons.

Say it!

Vocabulary	
Block	I can block with a partner in a 4 aside defensive system.
Position	It is important to position my body correctly for the technique I am using.
Serve	I can use an underarm or overarm serve to begin a game.
Dig	I would normally dig the pass from my opponent.
Volley	The volley is normally the second pass in volleyball.
Smash	I will try and smash the ball over the net to win the point.
Official	I have learnt the official volleyball scoring system this year.
Formation	I understand how to play a 6 v 6 W formation.
Responsibility	It is my responsibility to be accurate when I am feeding my partner the ball.
Communication	Communication is very important when you are playing 6 v 6 volleyball.
Technique	When playing the ball, I think about the technique I am going to use.