

Topic Overview 2

Year 9: Health and Lifestyle

Know it

I can	
Talk about sports with seasons and weather	
Write about what sports I do in detail	
Name parts of the body	
Say if something hurts or if I am unwell	
Name a variety of different foods	
Say what I eat for different meals	
Give my opinions about food	
Talk about healthy eating	
Use the near future tense to talk about plans to be healthy	

Link it

Include the following structures in your work. Look back in your book for examples of where you have used these structures before. Refer to the walls/booklet/textbook for more ideas.			
Variety of opinion verbs		Variety of adjectives	
Intensifiers		Different pronouns	
Connectives		Time phrases	

Prove it

In this unit you will be assessed in writing.

Prepare for this test by revising the vocabulary and structures below.

Learn it / Say it / Practise it

<u>Sport</u> 1. Je joue: I play 2. Je fais: I do (go) 3. Quand il fait beau: when it's nice weather 4. Quand il fait chaud: when it's hot 5. Quand il fait froid: when it's cold 6. Au printemps: in spring 7. En été: in summer 8. En automne: in autumn 9. En hiver: in winter 10. avec: with 11. c'est: it is 12. parce que: because 13. Tous les jours: every day 14. Souvent: often 15. Quelquefois: sometimes	<u>Food</u> 1. Les repas: meals 2. Au petit déjeuner: for breakfast 3. Au déjeuner: for lunch 4. Au dîner: for dinner 5. Je mange: I eat 6. Je ne mange pas de: I don't eat 7. On mange: we eat 8. Je bois: I drink 9. On boit: we drink 10. les fruits: fruit 11. les légumes: vegetables 12. les produits laitiers: dairy products 13. les sucreries: sweet things 14. la viande: meat 15. les boissons: drinks
<u>Healthy Lifestyle / Future Tense</u> 1. Je mange sain: I eat healthily 2. Je ne mange pas sain: I don't eat healthily 3. Je ne mange jamais de: I never eat ... 4. Il faut: you must ... 5. bien manger: eat well. 6. bien dormir: sleep well. 7. être motivé: be motivated. 8. jouer dans une équipe: to play in a team 9. Ça booste le moral: That boosts morale. 10. Je vais faire du sport: I am going to do sport 11. Je vais manger sain: I am going to eat healthily. 12. Je vais aller au collège à pied: I am going to walk to school. 13. Je vais faire trente minutes d'exercice par jour: I am going to do thirty minutes' exercise per day. 14. Je vais aller au collège à vélo: I am going to go to school by bike.	<u>Review and recycle</u> 1. J'adore: I love 2. J'aime: I like 3. Je n'aime pas: I dislike 4. Je déteste: I hate 5. un peu: abit 6. très: very 7. assez: quite 8. Amusant: fun 9. Intéressant: interesting 10. Ennuyeux: boring 11. Génial: great 12. Super: super

Topic Overview 2

Year 9 Set 1: Health and Lifestyle

Know it

I can	
Talk about sports with seasons and weather	
Give reasons why I do different sports	
Write about what sports I do in detail based on all the work done on sport	
Name body parts	
Explain if I feel unwell and name illnesses	
Talk about what I eat for different meals	
Talk about healthy eating plans using the future tense	
Talk about my future plans to be healthy	
Use the near future tense	
Use the proper future tense	

Link it

Include the following structures in your work. Look back in your book for examples of where you have used these structures before. Refer to the walls/booklet/textbook for more ideas.			
Variety of opinion verbs		Variety of adjectives	
Intensifiers		Expressions of frequency	
Connectives		Variety of subject pronouns (je, nous etc)	

Prove it

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