



PSHE and Career Education @ Pilton

Pilton Community College PSHE and Careers KS3 Overview of Topics

| Subject PSHE and Careers | Autumn 1 Healthy Me | Autumn 2 Relationships | Spring 1 Celebrating Difference | Spring 2 Dreams and Goals | Summer 1 Being Me in My World | Summer 2 Changing Me |
|------------------------------------|--|--|--|---|---|---|
| Year 7 | To what extent am I responsible for my mental and physical health? | What can make a relationship healthy or unhealthy? | Do we need to feel 'the same as' to belong? | Can my choices affect my dreams and goals? | How Do I fit into the world I live in? | How do I feel about becoming an adult? |
| Year 8 | Can I become more responsible for my health and happiness? | Because I'm worth it...Or am I? | How different are we really? | Can the choices I make now influence my future? | Can I choose how to fit into the world? | What factors can make an intimate relationship happy and healthy? |
| Year 9 | How can substances impact on wellbeing? | Can relationships ever be equal? | Is being different a good thing? | Who do I dream of becoming? | To what extent does the world I live in affect my identity? | How can change affect mental health? |

Pilton Community College PSHE and Careers KS4 Overview of Topics

| Subject | Autumn 1 Healthy Me | Autumn 2 Relationships | Spring 1 Celebrating Difference | Spring 2 Dreams and Goals | Summer 1 Being Me in My World | Summer 2 Changing Me |
|---|--|---|--|--|---|---|
| PSHE and Careers | | | | | | |
| Year 10 | When it comes to health, to what extent am I in control? | Is love all you need? | Does difference result in inequality? | Is success only possible when physical and emotional needs are in balance? | Is managing my online and off-line world within my control? | Can all change be positive in some way? |
| Year 11 | Should relationships, sex and sexual health be discussed more openly? | Is it possible to stay true to yourself and be in a healthy relationship? | Study Skills Preparation for Further Education | Can I rely on myself to achieve my goals or do I need luck or destiny? | Are we in the adult world at 16? | Examination Period |
| Additional Career Input: Years 10 and 11 | Careerpilot sessions, Further Education assemblies, Choosing the Right level 3 option workshops Introduction to the National Citizen Service NCS, Revision skills and workshops FE Taster Events, University visits, visits from and to local employers and workplaces Career Fairs and Events Interview practice, CV writing, Personal statement preparation, Work Experience – Year 10 tbc this year due to Covid 19. Please note that many of these provisions will be delivered virtually this year due to Covid 19 restrictions. | | | | | |

Context and Rationale for Pilton Community College PSHE & Career Education

The Department for Education has made major aspects of PSHE statutory for every school in England from September 2020. Relationships and Health Education in Primary Schools and RSE (Relationships and Sex Education) and Health Education in Secondary Schools will become mandatory curriculum subjects from September 2020, aiming to equip children and young people with the knowledge and skills they need to be healthy, safe, happy and successful in this complex world.

The new Ofsted inspection framework (2019) will also have a focus on how well schools support students' Personal Development, so a comprehensive PSHE Programme will be an essential part of this work too.

With all of this in mind, Pilton has decided to use a comprehensive package of PSHE provision known as Jigsaw. Jigsaw PSHE Ltd is a North Devon-based company, established in 2013, working with schools across the UK and in 30+ countries. The Creator and Director of Jigsaw PSHE is a teacher and psychotherapist with nearly 40 years' experience working in education.

Jigsaw provides schools with a fully planned and resourced curriculum for PSHE Education which shows clear, logical progression across year groups and key stages. Jigsaw is also used by several of our feeder primaries thus providing an even more seamless transition for students as they join us in year 7, therefore avoiding 'dips' in learning. The programme is regularly updated in accordance with new statutory guidance and fulfils government requirements in terms of RSE and Health legislation; British Values and the Prevent Agenda; Gatsby Benchmarks for Career Education and SMSC (Social, Moral, Spiritual, and Cultural Education). The New Ofsted Inspection framework 2019 has also been taken into consideration.

The programme is centred on providing the knowledge and skills young people need to lead happy, healthy and safe lives as they move through secondary school and beyond. The approach uses mindfulness as a core principle and is very geared towards ensuring our young people grow in confidence and resilience leading to positive mental health - critical in an ever changing 21st century world.

Alongside the Jigsaw PSHE programme Pilton works with partner organisations such as Next Steps South West, National Citizens Service, public service professionals, further education providers and many others to provide extra personal development opportunities for students. These are delivered throughout the school year at strategic times to coincide with the core PSHE programme, assemblies and key national/world events.

Personal Development at Pilton is provided through a range of platforms. Tutors deliver the core programme during one 20 minute registration period per week and one 60 minute timetabled PSHE lesson per fortnight. In addition, days are collapsed and lunchtime sessions organised to accommodate extra events/workshops often led by external visitors. PSHE, SMSC and Career Education is also routinely taught in other curriculum areas being implicitly and explicitly covered within schemes of work.

PSHE and Career education at Pilton is quality assured using a variety of methods such as lesson drop ins, book scrutiny and feedback surveys. All personal development opportunities are logged using provision mapper which means that the school can track and trace each student's journey. The programme is planned and managed by the PSHE Coordinator with assistance from the Pilton Work Experience Coordinator, Year Teams and a member of SLT.

NB

Due to Covid 19 the order that certain topics will be covered in 2020-2022 has been and will continue to be modified and so will not be as in the table above. Additionally due to ongoing restrictions some other provision, especially for CEIAG, will be delivered through virtual platforms. However, we are beginning to reinstate live interactions between students and visitors and hope this will continue to grow. Our Personal Development Programme including our CEIAG will continue to be high quality and tailored to meet the needs of our context and our students as well as fulfilling statutory government requirements.

It is hoped that in time we will be able to revert to the order of topic delivery as per the above tables.

Summer 2021