










Year 9 Topic Overview - Volleyball

Know it!

	Knowledge	Date
	I know the technique for a dig and can attempt to dig in a rally.	
	I know and understand the technique for an overarm serve and at times will use this in a game situation.	
	I can confidently play a 2v2 half court game and am beginning to play whole court 3v3 games.	
	I can demonstrate a variety of shot techniques in a rally.	
	I can umpire a game and am can use the correct hand signals for in/out, net touch, 4 touches, held ball and identify the server.	
	I can facilitate the running of a tournament and can record scores appropriately.	
	I know and understand the principles of attack and defence formations and can attempt a block	
	I know and can implement the service rotation in a 2v2 and 3v3 game.	
	I am able to reflect and discuss my strengths and weaknesses.	

Prove it!

Head Feedback	I can apply my knowledge of skills and techniques and this improves my own and others practical performance.	
Heart Resilience	I am hard working, resilient and eagerly accept challenges.	
Hands Tactics	I can demonstrate with some accuracy and success skills, techniques and tactics across a variety of sports in competitive activities.	

Link it!

I can transfer skills and understanding from volleyball to other net/wall activities.
I can transfer aspects of Feedback, Resilience and Tactical development from one activity to another.
Resilience is a Pilton School Value.
I am aware of further opportunities to be physically involved in volleyball outside of lessons.

Say it!

Vocabulary	
Dig	A dig is usually played off an attacking ball in an upward motion.
Overarm serve	An overarm serve has the advantage of travelling faster and is an attacking/aggressive start to the point.
Facilitate	To facilitate means to make an action or process easy
In	If the ball touches within the court lines it is in .
Out	If the ball touches outside the court lines, it is out .
Held ball	A held ball is when the ball comes to rest/stops upon contact, resulting in a foul.
Net touch	Players can not make contact with the net during play. A ' net touch ' is a foul.
Serving	When scoring you always call the serving teams score first
Feedback	I help my partner improve by watching and giving feedback .
Resilient	When I am struggling to learn a new skill I must be resilient and not give up.
Tactics	It is a good tactic to hit the set the ball well.

