









Year 8 Topic Overview - Tennis

Know it!

	Knowledge	Date
	I have developed my forehand and backhand groundstrokes.	
	I am now working from mid court in rallies.	
	I can explain to my partner how to direct their shots to move me out of position.	
	I have learnt how to volley.	
	I have been introduced to the overarm serve.	
	I can play singles games and stay motivated even if I am not winning.	
	I know the basic principles of doubles game play and encourage my partner.	
	I know and can explain to others official tennis scoring.	

Prove it!

Head Feedback	I can give some feedback to my peers overall performance.	
Heart Resilience	I demonstrate empathy and respect for my peers and can support and motivate them to improve performance.	
Hands Technique	I can demonstrate with consistent accuracy and success, various skills techniques , and tactics across a variety of sports in competitive activities.	

Link it!

I can transfer skills and understanding from Tennis to other net/wall activities.
I can transfer aspects of Feedback, Resilience and Technique development from one activity to another.
Resilience is a Pilton School Value.
I am aware of further opportunities to be physically involved in tennis outside of lessons.

Say it!

Vocabulary	
Groundstroke	My forehand and backhand shots are groundstrokes .
Rally	I rally with my partner to warm up
Opponent	The person I play against is my opponent .
Position	It is important to position my body correctly for the shot I am playing.
Volley	If the ball does not bounce I have played a volley .
Overarm	A shot played above my head is overarm .
Serve	A good serve will give you control of the rally.
Doubles	A doubles game is 2v2.
Official	I have learnt the official tennis scoring system this year.
Apply	I try to apply what I have learnt to the game.
Feedback	I help my partner improve by watching and giving feedback .
Resilience	When I am struggling to learn a new skill I must be resilient and not give up.
Technique	When I am about to hit the ball, I think about the technique I am going to use.