










Year 7 Topic Overview - Cricket

Know it!

	Knowledge	Date
	I can prepare to bat by taking: grip, stance and back-lift.	
	I can bat playing forwards in attack, using my feet and vertical bat to drive the ball.	
	I can bowl using a basic action with: grip, delivery stride and release.	
	I can catch the ball close to the wicket and away from the wicket.	
	I can keep the score during a match.	
	I can stop the ball when fielding using a long barrier position.	
	I can throw the ball back to the wicket to minimise runs.	
	I can run between the wickets with clear calls to my partner.	
	I can help to position fielders to minimise runs scored.	

Prove it!

Head Knowledge	I can apply my knowledge of skills and techniques and this improves my own and others' practical performance.	
Heart Communication	I can demonstrate communication skills within discussions and activities.	
Hands Technique	I can demonstrate with some accuracy and success, skills, techniques and tactics across a variety of sports in competitive activities.	

Link it!

I can transfer skills and understanding from Cricket to other striking & fielding activities.
I can transfer aspects of Knowledge, Communication and Technique principles from one activity to another.
Good communication skills will help me to develop courage and responsibility.
I am aware of further opportunities to be physically involved in Cricket outside of lessons.

Say it!

Vocabulary	
Grip (bat)	The position of my hands to grip the bat for strength and shoot control.
Grip (ball)	The position of my fingers to grip on the ball to help bowl different deliveries.
Stance	The position of my body, head, arms, hands and feet showing balance ready for the ball to be bowled to me is my stance (ready position).
Back-lift	Lifting my bat in preparation to hit the ball before it has been released by the bowler.
Drive	I can hit the ball in front of my body and drive it forwards back towards the bowler.
Delivery Stride	The final step I take when bowling and as I release the ball on my delivery stride .
Wicket	The stumps I need to bowl at or need to protect when batting.
Field Positions	Where I can stand in the field to limit the shots and runs a batter can make.
Long Barrier	A fielding technique I can use that covers a wide area (long barrier) to increase the chance of me stopping the ball.