

Welcome to the Dance Department



Hello, I'm Mr Keerie.

[Click here to watch Mr Keerie talk about
Dance in Year 7.](#)

Why study Dance?



Dance has so many benefits! It helps improve both physical and mental health, creativity, team work and all round fun!

What's the best thing about Dance?



The ability to express yourself through your creative ideas and movement.



My favourite famous
person associated with my
subject is...

Fred Astaire

A fun fact about Dance is...



A dance class is the perfect setting to make new friends and branch out socially. Maintaining positive relationships rank up there with healthy eating and exercise. Being socially engaged leads to increased happiness, reduced stress, and a stronger immune system.

THERE ARE TWO KINDS OF PEOPLE IN THE WORLD



YOU AND EVERYONE ELSE

Dance quotes...



“Do it big, do it right
and do it with style”
Fred Astaire