Year 7 Topic Overview - Volleyball

Know it!

| | Knowledge | Date |
|------------------|---|------|
| * | I know and can display a correct ready position on court. | |
| * | I know the correct technique to volley the ball. | |
| * | I can play a 3 touch rally with a partner in a game using the correct volley technique. | |
| * | I can start a point with a suitable throw in. | |
| | I enjoy playing a $2 \lor 2$ game and challenging different opponents. | |
| | I understand the responsibility of the first, second and third 'touch' of the ball (1st - control and play forward, 2nd - set, 3rd - ball over/attack). | |
| Qo | I understand how to play a half court 2v2 game and obeying court lines. | |
| Qo | I am able to look for spaces to play the third ball over the net. | |
| O ₀ o | I can score correctly in my half court game. | |
| O. | I know and can implement the serving rotation in a 2 v 2 game. | |

Prove it!

| Head | I can apply my knowledge of skills and techniques and this improves | |
|----------------|---|--|
| Feedback | my own and others practical performance. | |
| Heart | I am hard working, resilient and eagerly accept challenges. I know | |
| Resilience& | what responsibility I have when playing the ball. | |
| Responsibility | | |
| Hands | I can demonstrate with some accuracy and success skills, techniques | |
| Tactics | and tactics across a variety of sports in competitive activities. | |

Link it!

| I can transfer skills and understanding from volleyball to other net/wall activities. | | | | |
|---|--|--|--|--|
| I can transfer aspects of Feedback, Resilience and Tactical development from one activity to | | | | |
| another. | | | | |
| Resilience and responsibility are Pilton School Values. | | | | |
| I am aware of further opportunities to be physically involved in volleyball outside of lessons. | | | | |

Say it!

| Vocabulary | | | | | | |
|----------------|--|--|--|--|--|--|
| Volley | I know the volley is a shot played above my head | | | | | |
| Ready position | I must be in a good ready position at the start of a point and in between shots | | | | | |
| Set | I set the ball on the second touch ready for my partner to attack on the third touch | | | | | |
| Responsibility | My responsibility in the rally depends on what touch I have on the ball (1^{st} , 2^{nd} or 3^{rd}) | | | | | |
| Scoring | I should always call the servers score first. | | | | | |
| Court | I play my matches on a court . | | | | | |
| Serve | I start a game using a serve . | | | | | |
| Feedback | I help my partner improve by watching and giving feedback. | | | | | |
| Resilient | When I am struggling to learn a new skill I must be resilient and not give up. | | | | | |
| Tactics | It is a good tactic to play the ball into space. | | | | | |