











Year 8 Topic Overview - Cricket

Know it!

	Knowledge	Date
	I can prepare to bat by taking: grip, guard, stance and back-lift.	
	I can bat playing forwards and backwards using my feet to get into position.	
	I can play some shots with a horizontal bat on the leg side: pull and hook.	
	I can bowl using good action with: grip, run-up, delivery stride, release and follow through.	
	I can stop the ball using both the long and short barrier.	
	I can vary the length and direction of my bowling with accuracy and explain why this is important.	
	I know fielding positions in cricket and can apply appropriate skills.	
	I can chase and return the ball with accurate throws over both short and long distances to restrict scoring.	
	I can run between the wickets with clear calling and backing up.	
	I can umpire, coach or captain during a match to facilitate play.	

Prove it!

Head Knowledge	I have a sound knowledge of the importance of taking part in a warm up and can apply this during regular physical activity.	
Heart Communication	I can demonstrate confidence and understand effective communication within discussions and activities.	
Hands Technique	I can demonstrate, with consistent accuracy and success, skills, techniques and tactics across a variety of competitive activities.	

Link it!

I can transfer skills and understanding from Cricket to other striking and fielding activities.
I can transfer aspects of Knowledge and Technique development from one activity to another.
I can communicate well as an umpire, coach or captain to facilitate a successful match.
I am aware of further opportunities to be physically involved in cricket outside of lessons.

Say it!

Vocabulary	
Grip (bat)	The position of my hands on the bat to grip for strength and shoot control.
Grip (ball)	The position of my fingers to grip the ball ready to bowl different deliveries.
Stance	The position of my body, head, arms, hands and feet showing balance ready for the ball to be bowled to me is my stance .
Back-lift	Lifting my bat in preparation to hit the ball before it has been released by the bowler.
Using Feet	I move my feet forwards or backwards to meet the ball and play a better shot.
Pull	I can pull the ball around to hit towards the 'on' side of the field.
Hook	I can hook a higher ball over my shoulder or chest to score runs.
Follow Through	Once I release the ball when bowling I continue running to maintain ball speed and become an active fielder.
Short Barrier	A narrow fielding technique with a short barrier that I can use to quickly return the ball to the wicket and restrict runs.
Backing Up	When I am the non-striking batter I need to be ready to make a call and run when the ball has been played to back up my team mate.
Fielding Positions	I know some of the names of fielding positions in cricket.