










Year 9 Topic Overview – Cricket

Know it!

	Knowledge	Date
	I can prepare to bat by taking: grip, guard, stance and back-lift.	
	I can bat playing forwards and backwards using my feet to get to the pitch of the ball and select an appropriate shot.	
	I can bowl accurately using a fluent action with: grip, fast run-up, delivery stride, release and follow through.	
	I can vary the pace of my bowling from medium to fast and consider spin bowling.	
	I can play as a wicket keeper to help fielders and receive the ball to run out the batter.	
	I can stop the ball fluently knowing when to both the long or short barrier technique.	
	I can chase and return the ball with a long, high, flat and hard throw to the wicket.	
	I can run between the wickets at pace with clear calling, backing up and running in the bat.	
	I communicate with my team mates when fielding to restrict runs or when batting to increase runs scored.	

Prove it!

Head Knowledge	I have good knowledge of skills, technique and understand how this improves my own and others practical performance.	
Heart Communication	I can effectively apply methods of communication to different ages, abilities, experiences and situations.	
Hands Technique	I can demonstrate, with consistent accuracy and success, skills, techniques and tactics across a variety of sports in challenging activities.	

Link it!

I can transfer skills and understanding from Cricket to other striking and fielding activities.
I can transfer aspects of Knowledge and Technique development from one activity to another.
I can communicate well as an umpire, coach or captain to facilitate a successful match.
I am aware of further opportunities to be physically involved in cricket outside of lessons.

Say it!

Vocabulary	
Grip (bat)	The position of my hands to grip the bat for strength and shoot control.
Grip (ball)	The position of my fingers to grip the ball to help bowl different deliveries.
Stance	The position of my body, head, arms, hands, and feet showing balance ready for the ball to be bowled to me is my stance .
Back-lift	Lifting my bat in preparation to hit the ball before it has been released by the bowler.
Using Feet	I move forwards or backwards quickly using my feet to meet the ball and play a better shot.
Spin Bowling	A bowling technique I can use with my fingers or wrist to spin the ball and outwit the batter. (Know the difference between leg-spin and off-spin).
Wicket Keeper	I can field behind the wicket to restrict runs and run batters out.
Barrier	The long or short barrier fielding technique I can use to limit runs scored.
Calls	I can use various calls when batting to communicate well with team mates – Yes, No, Wait! I use communication when fielding as well to limit scoring.